

EM SALT

Life was first born in the sea

Salt is a precious substance and a key to the biological evolution on earth. The human body fluid shares approximately 70% of a total body weight and it is composed of similar ingredients as the substances contained in sea water. It might as well be said that our body cells are floating on the ancient sea. At night of a full moon, the surface water and deep sea water interchange because of gravitational force of the moon and gravity of the earth. This interchange of different layers of sea water brings the deep sea's organic nutritional substances and extremely rare minerals in small quantity to the surface areas of the sea where various marine creatures usually grow. EM Salt is made from sea water collected from Okinawa's rich ocean at the night of a full-moon.

Is salt really bad for your health?

A low salt diet has been said to be a way to a healthy life for a long time. A high intake of salt generally raises blood pressure. However, this is true for only 20 ~ 30 % of all hypertensive patients, and it does not affect many others. The major factor of blood pressure raising effect of a high intake of salt derives from a genetic trend, which has been found recently.

It is known that various minerals contained in sea water such as potassium, magnesium, and calcium prevent salt or sodium chloride from increasing blood pressure. In other words, these minerals compensate for defects or reverse unwanted effects of salt.

Forgotten power of salt

Sodium content of salt can coordinate nervous system and muscle and adjust body temperature. Human physiological functions are controlled by electric signals (electric pulse) from the brain stem, thus low sodium retention by human body or a low salt diet may disturb the electric current to flow smoothly and may result in interfered information transmission. Insufficient salt in our body possibly resulted from a low salt diet may cause diminished energy generation and unwillingness to do things or dullness. An excessive perspiration without any appropriate salt intake will result in decreased blood salt concentration and diminished digestive organ activities, which may cause a poor appetite. Low body metabolism will result in weary, dull and exhausted feelings.

Salt containing proper minerals are good for your health

The experiments to produce a new type of safe and tasty dietary salt which contains essential minerals for human body have been conducted. Based on EM technology on slow but steady fermentation and aging, harmful oxidizing ingredients of salt have been excluded. Chelating a very small quantity of minerals, catalytic effect of the salt has been improved.

EM Salt contains potassium, calcium, magnesium, and other minerals. A good health for human body not only contains minerals but also gets absorbed easily and readily, or it is ionized, which is important. EM Salt satisfies all of these requirements.